

Quarterly newsletter Fall 2016

Greetings CVL friends,

Your Village will soon complete its first full year of providing member services. To realize this growth, supporters like you have met with potential members and new volunteers to personally welcome them into the growing CVL community. Special thanks to Heather Cook and Rob Little for their daily CVL building efforts. Please join all the volunteers who have made CVL's first year so successful at the Volunteer Recognition celebration Thursday, Dec 1. Full details appear in this newsletter.

Two recent events will spur additional services in 2017. Special thanks to Mary Baskett, long time committee chair, who led the CVL Board and Advisory Council members through a goal planning session that identified areas for future improvement. Topping the list are programs to emphasize social connections in addition to the home support services that are so popular with members. The goal is to enhance community connections. This theme of 'aging in community' rather than 'aging in place' was a common thread heard at the recent National Village Gathering. The largest CVL Board contingent to date attended (at their own expense) the 3 day conference in Columbus, Ohio. Your Board was inspired by the life enhancing results other Villages across the country have achieved. That energy infused the planning session and will help guide CVL's future growth. Do join with the CVL community as we celebrate a successful first year on Dec 1. I hope to speak with you on how CVL can become a better Village in 2017.

"We are grateful that our good health can allow us to provide some help...and in the near future we may be asking for assistance in many ways."

CVL Volunteer,see Spotlight,pg. 3

Create meaningful moments,
Chris Holmer, Chair of the Board



Left to right: Board members Diane Adamson, Ellen Paulsen, Susie Nightingale, Chris Holmer, and AmerCorps VISTA Program Coordinator Heather Cook attended October's National Village Gathering in Columbus, Ohio.

In This Issue

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- New CVL Volunteer Spotlight
- By the Numbers an update on CVL progress
- Reminder take the Lawrence-Douglas County Community Health Survey

You're Invited!







Thursday, December 1st

5:00-7:00pm

Join Community Village Lawrence for our

Holiday Volunteer Appreciation Party

With the holidays just around the corner,
Community Village Lawrence would like to
say Thank You to those who make everything
we do possible—our volunteers!

Call or email to RSVP

785-505-0187 or info@communityvillagelawrence.org

Community Village Lawrence would like to extend a big thank you to Rainbow International Restoration for their support!

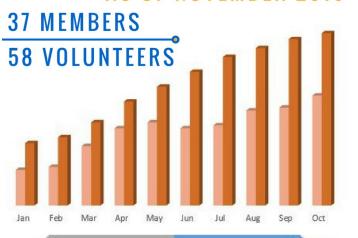


By the numbers

Community Village

Lawrence





HOME REPAIR

ME REPAIR PROVID

18 TRANSPORTATION

22 HOME SUPPORT

98 volunteer hours in October alone



Meet our volunteers



Karen (second from the left) and Arnie Johnson (third from the left) have been volunteering with Community Village Lawrence since October 2015, when we offered our first trial transportation program. Between the two of them, Karen and Arnie have contributed over 135 hours of service to CVL members—they are two of my our most dedicated volunteers and we're so happy they are a part of our CVL family!

What do you do as a CVL volunteer?

We've provided transportation to and

from shopping to various stores and doctor visits, removed dead brush from yards, mowed yard, trimmed bushes and trees, pulled weeds, cleaned gutters, washed windows, ran vacuums and scrubbed floors, reorganized kitchens, outdoor sheds and file cabinets, installed safety pull bars in bathrooms, removed, sanded and replaced kitchen cabinet doors.

Why did you decide to become a volunteer?

We are grateful that our good health can allow us to provide some help to people in need, and in the near future we may be asking for assistance in many ways.

What's your favorite thing to do for fun in Lawrence?

The favorite for Karen is going to dances and dancing with good friends and hanging out with our friends and enjoying the music. Arnie has a band and plays the music for dances, benefits, and private parties and has for more



Arnie Johnson (above) provided our very first volunteer ride to a member during our Trial Transportation Program last fall.

Make your voice heard on health issues in Lawrence and Douglas County.

Take the Community Health Survey today!

Visit:

http://ldchealth.org/221/Community -Health-Plan

The Lawrence-Douglas County Health Department is conducting this survey in partnership with the University of Kansas Work Group for Community Health and Development. The results of this survey will be used to identify priority health issues.

Contact Us

Give us a call if you have any questions or ideas, or stop by and say hi!

By phone:

(785)505-0187 or (785)505-0188

At the office:

2001 Haskell Ave Lawrence, KS 66046

By mail:

PO Box 183 Lawrence, KS 66044

Mark your calendars for the third annual...



6:00-10:00PM ARTERRA EVENT GALLERY 2161 QUAIL CREEK DRIVE

Please visit communityvillagelawrence.org for more information or to purchase tickets. Tickets are \$150, tax deductible. All proceeds benefit CVL. Food. Drink. Live and silent auction. Featured speaker Dr. David J. Ekerdt, Director of the KU Gerontology Center.

On behalf of everyone at Community Village Lawrence...We hope you have a delicious Thanksgiving and very Happy Holidays!