



# Village Beat

## Community Village Lawrence Newsletter

Edition 5

Fall, 2015

### Contributors:

Chris Holmer

Ben Tasner

### Letter from the Chair

**H**ello CVL Supporters,  
We're moving forward! CVL has engaged with our Lawrence community in many new ways since I last spoke with you. First, CVL has just completed a seven-week trial transport program, linking volunteer drivers with rider-clients who sought services to supplement the existing transport options in town. The trial's positive results, including evening and weekend rides, has created a solid foundation for initiating a full range of member services. CVL is proud to invite you to our next Town Hall where we will provide details on member service roll-out to begin in January.

Join CVL board members, volunteers and supporters for our Town Hall at the Senior Center this Friday, October 23, from 4:00

to 6:30 pm. and learn about CVL's immediate and long-term goals. Please take a look at the agenda below. Our two guest speakers, Dr. Dennis Domer and Dr. Michael Strouse, will share their visions for expanding senior living options. CVL is pleased to feature these two community leaders who have dedicated decades toward creating independent, inter-generational living arrangements. Their ideas will be an invitation to re-imagine and reshape our senior experience. Please join us Friday and share your thoughts. I guarantee you will reflect on the ideas presented for quite some time.

Warm Regards,

Chris Holmer, CVL Chair

(785) 749-2084

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## It Takes a Village A Forum on Aging in Place

**Friday - October 23 - 4:00 to 6:00 PM**

**Senior Center**

**745 Vermont Street, Lawrence, KS**

*Hosted by*



**Community Village  
Lawrence**

*neighbors helping neighbors*

**4:00**

**Welcome &**

**Board Member Introductions**

**4:30**

**Dr. Dennis Domer—Longevity**

**5:00**

**Trial Transportation Report**

**5:15**

**Dr. Michael Strouse—Community  
Living Opportunities**

**5:45**

**Refreshments and Raffle**

**6:00**

**Charter Membership & Questions**

# RECENT EVENTS



Our August 15 event at the Lawrence Public Library, *Get Movin' with Community Village Lawrence*, was an active and informative morning. Attendees were introduced to our Pilot Transportation program and participated in a Tai Chi demonstration provided by LMH Therapy Services.



The KU Volunteer Fair in September gave CVL the opportunity to meet with enthusiastic students who want to get involved with local non-profits. We spoke with many potential volunteers with a variety of skills and backgrounds.

Food, music, art and so much more was celebrated at Hobbs Park in East Lawrence at the annual Block Party. Our CVL table was a place to chat and laugh in the sunshine of late September.



# Pilot Transportation Program

## a Great Success

CVL took a bold a step forward on August 30 as we launched a seven-week Pilot Transportation Program to supplement the existing transport options in Lawrence. Our aim was to fill gaps by offering evening and weekend rides, door-through-door assistance, on-call rides and multi-stop capability. Due to the dedication of so many wonderful volunteers we were able to provide a much needed service to the community.



A heralded musician, and a longtime supporter of CVL, Arnie Johnson provided the very first volunteer ride for a client who needed a ride to a chiropractor appointment, a quick trip to the grocery store and back home.



Our transportation service will pick back up in January as one of many volunteer services that CVL will provide its members.

### Results the of trial program:

**25** round-trip rides provided

**12** volunteer drivers

**30.25** hours of volunteer service

**315** miles driven

**0** unfulfilled requests

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[www.facebook.com/CommunityVillageLawrence](https://www.facebook.com/CommunityVillageLawrence)

# CVL in the News

We have received a lot of media exposure recently as the Lawrence community has embraced our mission and acknowledged the need for the services and support we offer.

- **Channel 6 News:** *“Community Village Lawrence to launch a door-to-door pilot transportation program for seniors.”*

<http://6lawrence.com/news/local-news/15415-community-village-lawrence-to-launch-a-door-to-door-pilot-transportation-program-for-seniors>

- **Lawrence Journal World:** *“Community Village Lawrence helps seniors stay in their homes.”*

<http://www2.ljworld.com/news/2015/aug/16/community-village-lawrence-helps-seniors-stay-in-t/>

- **KCUR 89.3:** *“How Kansas and Missouri Seniors are Connecting to the Arts.”*

<http://kcur.org/post/how-kansas-and-missouri-seniors-are-connecting-arts>

## Help Build a Village

Community Village Lawrence links people together. Often times there is the pleasure of sharing a common interest. Other times it's the satisfaction of meeting another's need.

But there is a person behind that request and they are just as reluctant to step forward and say 'I could use a little help' as you are in stepping forward to answer their need. It's an awkward moment but really it's not a task or chore; only two people about to begin a personal exchange. And it doesn't happen every day that an interaction contains genuine feelings of sharing and gratitude. For me, it's a special highlight and something to look forward to. And definitely not a task.

Call our office and Ben's warm voice will make it easy to find your next personal exchange and help build a Village.

- Chris Holmer,

Volunteer Committee Chair

# Charles Curtis Foundation funds CVL member scholarships

**C**VL is a volunteer based, non-profit organization focused on providing community services for seniors. To further that mission, the Charles Curtis Foundation has generously provided CVL with an unrestricted grant. The CVL Board has agreed that this resource will be used to extend the benefits of membership to as many community members as possible regardless of their financial circumstances.

The volunteers that serve on the Membership Committee have created a sliding-scale fee structure and payment plan that expands participation to those on a limited monthly income. The volunteers that form this Committee are dedicated to maintaining an organization with low expenses that focuses on providing member support. This Committee gives a voice to members, allowing them to provide ideas for additional services and feedback on existing benefits. Join them!

We are honored to receive this support from the Charles Curtis Foundation and will use this resource to extend services to people throughout the community.

## Upcoming Events

### **January 4th: Services Begin**

The official launch of services for members

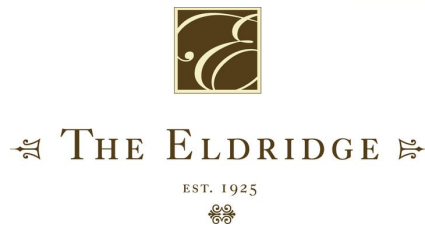
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### **February 4th: A Taste of San Francisco**

CVL's annual gala with a pacific coast inspired menu



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