

Quarterly newsletter Summer 2016

Hello CVL Community,

With six months experience providing full services and accepting membership, your Village continues to add new members and volunteers. That adds up to more service requests and appointments completed each month. We have the up-to-date details in this edition of the Village Beat. If you have an interest or skill you believe would make a difference in our member's lives, give the office a call – a member's day would go much better with your support.

Volunteers are the heart and soul of CVL and their contributions make a real impact. Member feedback highlights unmet needs that require specific skills. Supporters with work experience are offering to lead training sessions to empower select volunteers willing to learn new skills. Think of the orientation sessions preparing volunteer drivers for that much requested service.

Look for future announcements as CVL expands our volunteer's abilities to support our members. It's our local community, each of us, who need to step forward with support as the state government has turned its back on the most vulnerable.

New skills for a new day.

Please explore this edition and get to know the volunteers who are creating a Lawrence-based organization making a positive impact for our neighbors.

Create a better day.

Chris Holmer, CVL Chair of the Board (785) 749-2084



Reaching new community members on a Saturday morning at the Lawrence Farmer's Market.

"[Community
Village Lawrence
volunteers] are
always cordial,
helpful, thorough
and efficient in all
they do for me (and
my home)."

Community VillageLawrence member

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Meet our volunteers



Name: Susie Nightingale

What do you do as a CVL volunteer? I am the recording secretary [for the board meetings] and plan to work on the archives later this year.

How long have you been involved with CVL? I have been involved with CVL for three months.

What's your favorite thing to do for fun in Lawrence?

My daughter and I love to go to 23rd Brewery and compete in their trivia contests. Just the two of us came in third one night! I enjoy my book club and book exchange group. The Lawrence Public Library is one of my favorite destinations.

What else do you enjoy doing in your free time? I love to swim, water walk, and do water aerobics. I am part fish and also enjoy teaching the Parent-Child classes as well as Terrified Adults. My son, daughter, and I love to go to antique stores and garage sales. Spending time with my family is very enjoyable.

Why did you decide to become a CVL volunteer?

[Board member] Ellen Paulsen is in my water aerobics class and asked if I had ever been a recording secretary. When I answered in the affirmative, she pounced! She is a very persuasive lady. I believe in the concept of making it possible for members to remain in their homes as long as is feasible and to treat them with dignity and respect. I have been so impressed by the dedication and compassion of the CVL board members.

Thanks for all you do, Susie!!

By the numbers

Community Village



AS OF JUNE 2016



31 Home Repair 46

HOME SUPPORT

52 TRIPS AROUND TOWN

PROVIDED

105 volunteer hours in June alone



FOR MORE:

communityvillagelawrence.org

Audio-Reader active in providing services



Recently, at an ADA Celebration, one of the speakers observed if you look around at a gathering of people, disability is the norm. In any group there are more people experiencing a disability or limitation than those that are not. She noted that we are really all "temporarily able". At some point in almost every person's life they will experience limitations. It might a temporary limitation due to surgery, a gradual loss of function due to the normal aging process or the result of an accident but rarely will you make it through a lifetime unscathed.

Because of this reality, our community is filled with services and agencies and organizations which strive to help. Help our neighbors, help our family, help strangers because we are caring people. Community Village Lawrence is an obvious example. Another example is the Audio-Reader Network. Many of you may be aware of Audio-Reader. You may not be aware of the scope of services offered. While we still offer a radio reading service (special radio with readings of newspapers and books), we also stream and archive on the internet, offer Audio Description of live theater and museum exhibits in Lawrence and Kansas City, provide on-demand audio of printed material through Lions Telephone Reader, have a fully accessible Sensory Garden with brick path and raised flower beds at our studios in Lawrence (1120 W 11th St) and offer a service called Special Request which is tailored to the needs of each individual and records specific specialty items onto CD or NLS cassette for individual use (items recorded include family recipes, medical information/instructions, your hometown newspaper).

With this growth in services is an attempt to reach out to more people, possibly those that don't identify with being visually impaired, but still could benefit from accommodation.

If you attend performances at the Lied Center or Theatre Lawrence and find it difficult to follow all of the visual action taking place on stage, check out a headset in the lobby and let our trained Audio Describers flesh out the set, action and costumes for you. (not all performances are described so be sure to check with the box office when you order tickets).

Do you find written instructions on your medication difficult to remember? Are the steps to program your TV remote written on tiny slips of paper? Sign up with Audio-Reader's Special Request service and let our volunteers read for you to reference later.

Love reading your hometown paper but finding it fatiguing to read more than a few articles? Sign up for a closed circuit radio or listen at http://reader.ku.edu. Audio-Reader reads from over 35 different newspapers each day.

Want to read the latest bestseller but hate waiting months for the large print version to be available at the library? Audio-Reader reads 7 hours of books each day.

Help spread the word about Audio-Reader. To find out more (listen, apply for service or donate) go to http://reader.ku.edu. Try the Lions Telephone Reader. Call 785-864-7474 and enter code 5887 for a six minute demonstration. All our services are free and are available to anyone who finds accessing the printed word difficult. In addition to vision loss, people with Parkinson's, MS, brain injury, and limited mobility are all eligible. Services are available throughout Kansas and Missouri but organizations similar to Audio-Reader exist throughout the world. To find out more or request a presentation call 800-772-8898 or 785-864-4625.

Supporting CVL is as easy as 1...2...3 with Dillon's Community Rewards

All you have to do is use your Dillon's card and Community Village Lawrence will receive a donation from Dillon's every time you shop. It's simple, easy and free, and will not affect your fuel points or coupon discounts.

Three easy steps

- 1. Visit www.dillons.com/communityrewards and Sign
 In
- 2. After signing in, click **Enroll Now**.
- Designate Community Village Lawrence as your organization of choice by entering the code 64198 and you're finished.

Community Village Lawrence—Neighbors helping neighbors

Contact Us

Give us a call if you have any questions or ideas, or stop by and say hi!

By phone:

(785)505-0187 or (785)505-0188

At the office:

2001 Haskell Ave Lawrence, KS 66046

By mail:

PO Box 183 Lawrence, KS 66044



What are people saying about CVL?

Check out the words of one of our members about why Community Village Lawrence is important to her.

Community Village Lawrence – ever heard of this organization? The organization involves people helping people who very much want to stay living in their own homes.

I am a recipient of the help this organization offers to people who are in need of some maintenance, transportation, and light cleaning.

I want to stay in my home as long as possible. Many times though there are projects I am unable to achieve on my own. Community Village has been to my home several times. They are always cordial, helpful, thorough and efficient in all they do for me (and my home). I would like to recommend this organization to others who are perhaps in need of some assistance in everyday, occasional activities.